

Message from Mestre :

We all know that Capoeira Brasil is a family, and batizado is our reunion. Distant and not so distant relatives will be gathering at our academy to share knowledge and get to know each other better. This coming together is the most important aspect of the batizado as it allows us all to develop our game along with friendships that strengthen the bonds of the CB family. A secondary aspect of the batizado is the distribution of new cords. Many of you have demonstrated, through the development of your game, your dedication and your support of the academy, that you are ready for the increased responsibility that comes with a higher cord. Students that remain at their current cord level should not be disappointed or discouraged as this is not a criticism of your efforts, but encouragement for you to develop your game further and increase your participation in rodas. I miss you all and will see you again soon.




News and events :

CBLA and ALMA Vida continue to spread the word of their programs with successful performances. On **July 8 and July 25**, CBLA performed for the Summer Night Lights program, which benefits youth and their communities throughout Los Angeles. CBLA also helped launch the Lotus Festival in Echo Park on **June 12**. Thank you to everyone who helped out with these performances, and we encourage everyone to participate in these important events. ▼

AUG 3 : We will be performing at the Boys and Girls Club in Venice. 2232 Lincoln Blvd. Venice, CA 90291. 4:00pm

AUG 8 : We will be performing at One World Peace Day at the Golden Bridge Yoga Studio, 6322 De Longpre Ave, LA CA 90028. 4:30pm.

AUG 12-15 : Professor Aranha - CBSF is having his 1st Batizado in San Francisco. If you can, go up and support Capoeira Brasil's Northern California branch. For more information, go to : www.aranhacapoeira.com

AUG 15 : Fundraiser Party!!!! The theme is the 80s, so feel free to dress up in your favorite 80s fashion. The party is at the academy 8pm-2am. Bring your friends!

SEPT 8 -13 : Summer 2009 Batizado is almost here. Please volunteer to help out on our many committees, and pay for the Batizado asap. We accept cash or check. Please make checks payable to Bencão Brasil.

The price breakdown is as follows:
 \$180 Adults - If paid before Aug. 15
 \$200 Adults - If paid Aug. 15 - Sept. 8
 \$225 Adults - If paid after Sept. 8
 \$90 Youth



AUG 1 - Instructor Axé is having a Capoeira Seminar 12pm-2pm followed by a day at Raging Waters in San Dimas. For more information: 818-679-6538 / instructoraxe@gmail.com / www.818capoeira.com

Good news from CBLA :

CBLA goes Hollywood! As if they weren't stars already, our capoeirista Vita brothers - **Axe** (Osei) and **Relampago** (Oba) - are now teaching the stars. The Vita Brothers taught Wyclef (of the Fugees) some acrobatics. View here: <http://www.livestream.com/vitabrotherstv>.

Another capoeirista, **Charuto** (Reginald), also has some Hollywood news. He recently directed an episode of Steven Bochco's legal drama "Raising the Bar" which will air August 10th at 10pm. Watch it and support!

CBLA in the Peace Corps

CBLA has a long tradition of giving back to the community. Another one of our own, **Shaila**, is joining the Peace Corps and is headed to Guatemala in a generous donation of time, energy, and heart. We'll miss you!

Just call him Dr. CBLA. After years of study, **Costela** (Karim) received his PhD in Physics from UCLA. Congratulations!

We reported last month that Instructor **Felina** gave birth to a beautiful baby girl. Here are some pictures of Rio's newest Capoeirista!



Recipients of the orange cord at the first CBLA Batizado in 2000.

Photo of the month :



The power of Capoeira: Tão has cerebral palsy and cannot walk. Caught up in the Axé, he stood up to receive his raw/orange cord.

Falamos Português :

Word of the Month: **Batizado (Ba-chi-za-doo)**

Translation: noun. Literal: **Baptism**

Contextually: **Capoeira Graduation Ceremony Festival.**

Word application/Commonly used (In Class) as...

Probably the most important word to any Capoeirista is Batizado! For the next month you'll hear this word almost every day as instructors and students alike get ready for our September event. At this event, some nicknames will be given to beginners, some cords are given out to those who've trained hard over the years and LOTS of energy and information is exchanged by all!!! Get ready - it's gonna be an awesome event.

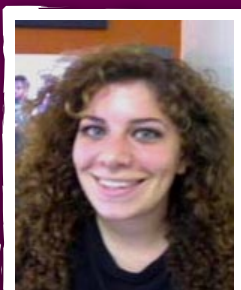
Birthdays :

Miojo August 2nd
Onda August 4th
Coiole August 6th
Camundongo August 6th
Cabelão August 7th
Chegado August 11th
Microfone August 12th
Vóz Grossa August 13th
Ebony August 13th

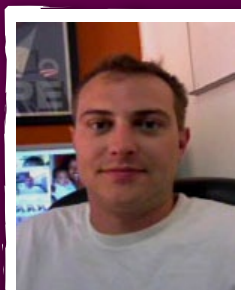
Cilindro August 14th
Beleza August 15th
Camundongo August 18th
Relampâgo August 18th
Elétrico August 19th
Jamanta August 19th
Pimenta August 21th
Russo August 21th

Tigre Branco August 21st
Narizinho August 22nd
Bruixinha August 23rd
Corredor August 27th
Craque August 28th
Punjatorn August 29th
Azteca August 29th
Rei Leão August 30th

New students: July 2009



Mariam Bassalli



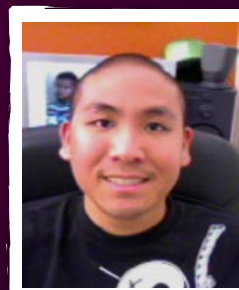
Julian Beal



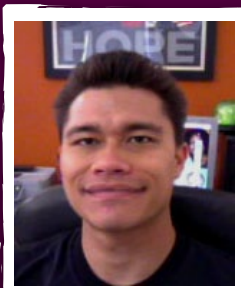
Shaila Rahman



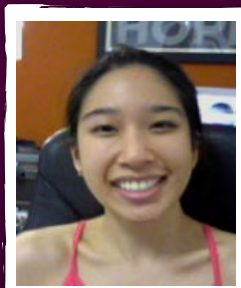
Brent Martinez



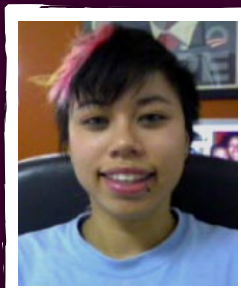
Erick Sangalang



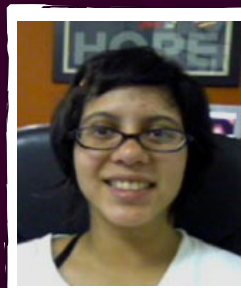
Punjatorn
Chanudomchak



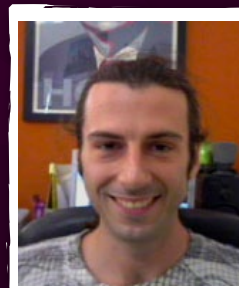
Jacqueline Dan



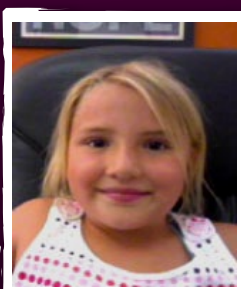
Mylinh Nguyen



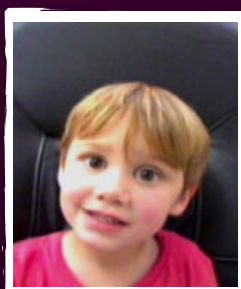
Massiel
Rosales-Vado



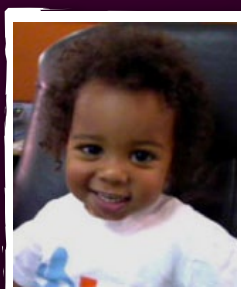
Ben Gamble



Estrelinha (Little Star)



Luke Griffin



Gideon Marley

Recipients of the blue cord at the 2005 CBLA Batizado.



Song of the month :



Vai colorindo mudar de cor
O capoeira vai ganhando seu valor

Vai colorindo mudar de cor
O capoeira vai ganhando seu valor

Êh! corda crua iniciante, garoto novo, mas aprende
num instante
Corda amarela e o laranja, já rodam roda, mas ainda
aprende a manha

Vai colorindo mudar de cor
O capoeira vai ganhando seu valor

Treinando muito ele é recompensado, azul e vermelho
o garoto é graduado, o corda azul também treinou
além de graduado o rapaz é instrutor.

Vai colorindo mudar de cor
O capoeira vai ganhando seu valor

Êh! o corda verde também instrui, eu freinei muito e da
azul eu já fui, tem que ser bamba, não pode dar sopa é
professor o cabra é corda roxa.

Vai colorindo mudar de cor
O capoeira vai ganhando seu valor

Com a vivência os anos vão se passando, corda
marrom, contramestre e o formado.
Com muito orgulho, muita bagagem é corda preta
pronto pra seguir viagem

Vai colorindo mudar de cor
O capoeira vai ganhando seu valor

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Vai Colorindo

Get some color, change your color
The capoeirista keeps gaining their worth

Get some color, change your color
The capoeirista keeps gaining their worth

The raw cord, beginner, young boy, but learns in an instant
Yellow cord and the orange, already play in rodas, but still
learn tricks

Get some color, change your color
The capoeirista keeps gaining their worth

Training a lot he is recompensed, blue-red the boy is a
graduate, the blue cord also trained. Besides being a
graduate the guy is an instructor

Get some color, change your color
The capoeirista keeps gaining their worth

The green cord also instructs, I trained a lot and I was
already blue, you have to be smart, can't mess up, he's a
professor, the man is a purple cord

Get some color, change your color
The capoeirista keeps gaining their worth

Living with it the years go by, brown cord, Contramestre is
the Formado
With much pride and a lot of baggage the black cord is
ready to continue his journey.

Get some color, change your color
The capoeirista keeps gaining their worth

Get some color, change your color
The capoeirista keeps gaining their worth

Get some color, change your color
The capoeirista keeps gaining their worth

History corner :

The Batizado

Created by the legendary founder of Capoeira Regional, Mestre Bimba, the **Batizado** is today a fixture in the Capoeira Community. It is a celebration, performance, and graduation ceremony. It is the signature manifestation of Capoeira culture and its unique phenomenon of axé.

When Mestre Bimba founded his academy in 1937 in Salvador, Bahia a host of traditions were born. Amidst controversy and dissent, Bimba's Regional flourished and his objective teaching methodology helped universalize the art of Capoeira.

Mestre Bimba's curriculum consisted of various courses, each concluding with a graduation ceremony. These **Batizados** fused the conventional academic models with ancient warrior initiation rituals. Silk scarves were distributed to those that completed the courses. Blue for **formado** (graduated student), red for **especializado** (specialized student) and white for **Contramestre**. The silk scarf was a symbol often worn around the necks of malandros – Brazilian hustlers – to protect them from potential straight razor attacks. For the Capoeirista the scarf was an honor, a diploma.

Today the silk scarf has given way to cords and the **Batizado** transformed into massive international festivals and Capoeira conventions. Our International Festival is an opportunity for beginner, intermediate, and advanced students to exchange information, meet Capoeiristas from all over, and participate in awesome rodas and workshops. Mark your calendar: September 8-13, 2009.

Training Tips : How to Get the Most out of the Batizado Training

The five days of CBLA's International Capoeira Festival and Batizado will be full of training and fun, but perhaps a little short on sleeping and relaxing. Luckily there's enough good energy and axé to keep everyone going during the long days. Still, you'll need to make sure you are taking care of your body so you can keep up with the busy schedule of workshops, rodas, socializing and rehearsing. It is important to get enough rest each night and keep yourself hydrated during the long, hot days so you can stay sharp, both physically and mentally. As always, stretch before and after the workshops and rodas and since some of our workshops will take place outdoors, make sure to keep applying sun screen.

Do your best to attend as many workshops as possible and absorb the knowledge that the visiting Mestres and high levels are here to share with you. If possible, consider taking time off from work/school so you can attend both the daytime and evening events. This is an excellent time to learn new movements and to challenge yourself to play or train with visiting capoeiristas. Keep in mind that there will be many out-of-town visitors during this week, so the workshops will be more crowded than our regular classes. This means you will need to be conscious of your spacing and always keep in mind "peripheral vision"! That will save you from accidental collisions with your fellow capoeiristas. As always, the week of the batizado will be an exciting time for everyone, so get the most out of it by training hard and staying healthy.



Foreign Correspondence - CBRJ:

Mestre Boneco's stay in Brasil has been a busy one. July is Batizado month for the CBRJ crew. Coordinated by Formanda Magali and under the direction of Mestre Boneco, this year's event took place on July 25th at the Citta America shopping center in Barra da Tijuca. Known for high energy rodas and tons of axé, the Batizado was a success, once again registering the CB brand in Rio's Capoeira community.

Many mestres, formados, instructors and students were in attendance. The line up included mestres Tony Vargas, Peixinho, Mão-Branca, Paulinho Sabia, Nacional, Edson Paraná, and Negão do Gas and black cords Curumim, Espiga, Coxias, Tititi, and Linguíça.

The Batizado was preceded by three days of intense workshops and amazing rodas. On Sunday following the event Mestre Boneco brought all his blue/red and above together for their annual technique and training review.



A sea of happy faces at the 2008 CBLA Batizado.

